



LOS ANGELES YACHT CLUB

Fast Friday

August 16th, 23rd, September 6th, 13th

SAILING INSTRUCTIONS

General Information

The Organizing Authority is Los Angeles Yacht Club located at 285 Whalers Walk, San Pedro, CA 90731

Phone 310 831 1203 | Website: <http://www.layc.org>

Co-chairs: Doug Jorgensen, David Collins

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*, except as modified by the Notice of Race and these Sailing Instructions. Compliance with the US Safety Equipment Regulations (USSER), US Nearshore Race Level, as effective January 1, 2017, is recommended.
- 1.2 PHRF of Southern California (PHRF SoCal) class rules will be in effect for handicap boats.
- 1.3 RRS 55 is modified by adding the following sentence to the rule: "However, discarding biodegradable sail stops when setting a sail is permitted."
- 1.4 No national prescriptions will apply.
- 1.5 While racing all boats shall display the class flag assigned for their class.
- 1.6 All competitors are asked to observe USCG Navigational Rule 9, which in part reads "A sailing vessel shall not impede the passage of a vessel which can safely navigate only within a narrow channel or fairway."
- 1.7 Further, USCG Navigational rule 34, in part reads "...When vessels in sight of each other...[are] in doubt whether sufficient action is being taken by the other to avoid collision, the vessel in doubt shall immediately indicate such doubt by giving 5 short and rapid blasts of the (horn)." Any boat participating in an LAYC race that is identified in any complaint from the Coast Guard, Harbor Pilot, or a Commercial vessel captain that has warned that participating boat by

sounding 5 horns will be presumed to have infringed this instruction. **RRS 60.2, 63.1 and A5 are modified to add that the Protest Committee may disqualify a yacht infringing this instruction without a hearing.**

2 ELIGIBILITY AND ENTRY

- 2.1 The regatta is open to all keelboats of 40' l.o.a. or less to include PHRF A, PHRF B and a possible PHRF cruising class. One design classes are welcome to establish separate classes.
- 2.2 The maximum allowable PHRF rating shall be 280.
- 2.3 All classes are required to have a minimum of three boats entered to establish a class.
- 2.4 All PHRF certificates must be current. If an entrant does not have a PHRF certificate a Portsmouth Rating shall be used or a PHRF rating for a similar boat.
- 2.5 PHRF Random Leg Course (RLC) shall be used.
- 2.6 Spinnakers are permitted for yachts that normally carry them, however an entrant may elect not to carry a spinnaker and shall be rated accordingly.
- 2.7 Eligible boats may enter by using the online entry form at www.layc.org. Entries must be received by 5:00pm the Thursday prior to the Friday's race date. Entries for multiple Fast Friday race dates can be entered either on a race-by-race basis or by paying for multiple race dates at the time of entry.
- 2.8 Late entries may be accepted at the discretion of the race committee but in no case shall any entries be accepted after 5:00pm on the date of the race.
- 2.9 Cruising Class. Entries in the Cruising Class will be allowed for any yacht with a valid PHRF rating and a completed Cruising Class Rating Worksheet. Entries with Corinthian ratings are welcome but shall not submit a Cruising Class Rating Worksheet. Worksheets and valid ratings must be submitted and available for verification by the Race Committee Chairman no later than 24 hours prior to race start or the entry will not be considered complete. Cruising Class yachts are subject to additional rules as set forth in the Sailing Instructions. A minimum of three entries will be required to establish a Cruising Class.

3 FEES

- 3.1 Required fees are as follows: \$15 for all boats for each race.

4 SCHEDULE

- 4.1 Dates of racing:
 - Friday August 16
 - Friday August 23
 - Friday September 6
 - Friday September 13
- 4.2 The scheduled time of the warning signal for the first class will be 5:55pm
 - PHRF A start time 6:00pm
 - PHRF B start time 6:05pm
 - Cruising Class start time 6:10pm
 - One Design Class start time 6:15pm
- 4.3 Time limit for all finishers will be 8:00pm

5 MEASUREMENT

5.1 A boat shall comply with RRS 78.1.

6 VENUE

6.1 The venue and racing areas are Los Angeles harbor and adjacent waters.

7 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at inside the main entrance of the LAYC Clubhouse.

8 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1200 noon on the day it will take effect.

9 SIGNALS MADE ASHORE

9.1 Signals made ashore will be displayed at the LAYC Clubhouse flag pole.

9.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 15 minutes" in the race signal AP.

10 CLASS FLAGS

Class flags will be:

<u>Class</u>	<u>Flag</u>
PHRF A	Letter "A"
PHRF B	Letter "B"
Cruising Class	Letter "C"
One Design	Specific class flag

11 RACING AREAS

Attachment Addendum A shows the location of racing areas.

12 THE COURSES

12.1 The diagrams in Addendum A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

12.2 Courses will not be shortened. This changes RRS 32.

12.3 Legs of the course will not be changed after the preparatory signal. This changes RRS 33.

13 MARKS

13.1 All marks are permanent buoys or structures within the Los Angeles harbor as described in Addendum A, with the exception of the start finish line, see 15.2.

13.2 The starting and finishing marks will be set by Race Committee near the entrance of Cabrillo Marina, see 15.2.

14 AREAS THAT ARE OBSTRUCTIONS

There are submerged rocks close to the Point Fermin buoy that must be avoided. See Addendum A.

15 THE START

- 15.1 Races will be started by using RRS 26 and 27.1 with the warning signal made 5 minutes before the starting signal.
- 15.2 The starting line will be between a staff displaying an orange flag on the Signal Boat and a designated mark in the harbor.
- 15.3 The start will be a downwind start. (Addendum A).
- 15.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]
- 15.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 15.6 If any part of a boat's hull, crew or equipment is on the course side of the starting line at the starting signal and she is identified, the race committee will attempt to broadcast her sail number on VHF channel 68. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).
- 15.7 Before the starting signal furling spinnakers can be hoisted but not deployed. All other spinnakers shall not be hoisted before the start. The spinnaker head shall be below the gooseneck at the starting signal. This changes RRS 26. [DP]
- 15.8 The warning signal for each succeeding class shall be the starting signal for the preceding class.

16 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 There is no provision to change any of the legs of the course.

17 THE FINISH

- 17.1 The finishing line will be between a staff displaying an orange flag on the Signal Boat and a designated mark in the harbor.
- 17.2 If the race committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

18 PENALTY SYSTEM

- 18.1 The penalties are as follows: RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 18.2 A boat intending to protest shall notify the Race Committee and identify the boat being protested promptly after finishing. [DP]

19 TIME LIMITS AND TARGET TIMES

- 19.1 Time limits and target times are as follows:

In the event that Race Committee determine that it is unlikely that there is sufficient wind to enable a class to finish then committee will abandon the race and attempt to inform the competitors using UHF channel 68. This precludes the possibility of any redress under RRS 62.1(a).
- 19.2 A boat that retires from a race shall notify the Race Committee by hailing or by VHF 68 before leaving the race area.
- 19.3 For all classes the time limit for finishing will be 8:00 pm.

20 PROTESTS AND REQUESTS FOR REDRESS

- 20.1 Protest forms are available at the race office, located at the LAYC Clubhouse. Written protests and requests for redress or reopening shall be delivered there within the appropriate time limit. The specific time for submitting a protest for each competitor shall be 45 minutes after that boat finishes. There is no general time limit for protest submissions.
- 20.2 Notices will be posted as soon as possible to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the LAYC Clubhouse.
- 20.3 If the race committee posts a list of boats scored OCS on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than the protest time limit. This changes rule 62.2.

21 SCORING

- 21.1 The scoring system is as follows: Appendix A low point system.

22 SAFETY REGULATIONS

- 22.1 A boat that retires from a race shall notify the race committee as soon as possible. [DP]

23 TROPHIES and PRIZES

- 23.1 Trophies will be presented at the LAYC clubhouse during the post-race party after each race.
- 23.2 Prizes will be given to the winners of each class for the specific Friday night's racing.

24 SOCIAL EVENTS AND HOSPITALITY.

The races will be followed immediately by parties at the LAYC clubhouse with the club's Friday night menu available to all competitors and guests with a no-host bar. Skippers, crews and families are all invited to participate.

25 DISCLAIMER OF LIABILITY.

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

26 FURTHER INFORMATION

For further information please contact

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